

Spencer County Family and Consumer Sciences Newsletter

Beth Maxedon, Spencer County FCS Agent

May 2024



Cooperative Extension Service
Spencer County
PO Box 368
100 Oak Tree Way
Taylorsville KY 40071-0368
(502) 477-2217
Fax: (502) 477-1343
spencer.ca.uky.edu

Congratulations to our Louisville Area Cultural Arts participants!

2. Art, 3-Dimensional

B. Sculpture: Julie Hart, White Ribbon

3. Art, Natural

A. Wood: Craig Neely, Blue Ribbon

5. Basketry

B. Dyed Material: Mary Burchyett, Red Ribbon

D. Novelty: Mary Burchyett, Blue Ribbon

E. Plain: Mary Burchyett, White Ribbon

9. Crochet

C. Home Décor and Afghans: Nicole Hahn

14. Holiday Decorations

A. Autumn: Nicole Hahn

18. Needlepoint

B. Plastic: Pauline Pennington, Blue Ribbon

22. Quilts

G. Machine pieced: Mary Burchyett, Blue Ribbon

25. Wall or Door Hanging

B. Other: Julie Hart

Thank you to all of our homemakers who participated in both the Spencer County and Louisville Area Cultural Arts! They all received blue ribbons at the County level and these above listed ribbons at the Area level.

If you received a blue ribbon from the Louisville Area judging please turn in those items to KEHA Cultural Arts by 6/11/2024 for judging at the state level.

Walk Kentucky begins May 1st!

Please turn in your registration to the Extension Office as soon as possible!

At the front desk you can pick up a log sheet to track your activity on. Walk KY ends on July 1st, turn in your log sheets in July.

We are walking together in May! Join us at the Extension Office on May 14th, May 21, and May 28 from 9 - 10 AM (weather permitting).

Waterbath canning for beginners

Come join us and learn the basics of water bath canning, food preservation, and food safety.

When? May 20, 2024, 5 PM - 7 PM.

Where? Spencer County Extension Office

How? **R.S.V.P. by calling the Extension Office at (502) 477-2217 by May 13, 2024.**

The Spencer County Fair needs volunteers from July 15th - July 19th. If you would like to sign up please talk with Beth Maxedon.

*** Any Homemaker Club announcements please email information to Ryan Linton by the first of the month at

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Disabilities
accommodated
with prior notification.

KEHA Spring Events

- * May 15 - Due date for 990N (e-postcard) or 990 tax return for groups with fiscal year ending December 31.
- * June 11 - Louisville Area Meeting at Mt. Washington
- * June 30 - KEHA program year ends. Volunteer hours are due. Please turn in to the Extension Office.
- * **State Meeting**
- * May 7-9 - KEHA State Meeting: Blazing the Way with KEHA – Sloan Convention Center. Spencer County Homemakers will be staying at the Hilton Garden Inn, 1020 Wilkinson Trace, Bowling Green, KY 42103

Homemaker Summer Outings - RSVP is required to attend

June 7th - Naïve Farm Tour - RSVP

Join us at the Historic home and farm of one of our homemakers, Mrs. Minnie Naïve, for a tour and picnic featuring local foods and Naïve beef.

July 31st - Hunger in Kentucky, Do More - RSVP

Come with us to Versailles, Kentucky as we visit the SPARK Community Café, a pay-what-you-can restaurant whose mission is simple: provide farm-to-table meals to all our guests, regardless of their ability to pay. We will leave the Extension Office at 10 AM, have lunch at the café, and Beth Maxedon will lead the lesson.

August 22nd - Derby Dinner Playhouse presents, “Jersey Boys” - RSVP

The cost to attend is \$40.00, please bring a check made payable to Judy Broyles. R.S.V.P. in advance by calling the office at (502) 477-2217. This event is non-refundable.

Homemaker Groups

Patch worker Quilt Guild (5/7 & 5/21)

When: 1st and 3rd Tuesday of the month
Where: Spencer County Extension Office
Contact: Lani Kratzwald - (502) 797-1774
Time: 10 AM

Loyal Homemakers (5/9)

When: 2nd Thursday of the month
Where: Spencer County Extension Office
Contact: Wendi Bazemore - (502) 912-7372
Time: 10:30 AM

Bluegrass Basket Guild (5/9)

When: 2nd Thursday of the month
Where: Spencer County Extension Office
Contact: Nichole Hutchins- (502) 422-0719
Facebook: <https://www.facebook.com/groups/129924587048584>
Time: 4 PM

Waterford Homemakers (5/15)

When: 3rd Wednesday of the month
Where: Spencer County Extension Office
Contact: Judy Broyles - (502) 821-2108
Time: 10 AM

Gardening Association

Contact Vicki Clark - (859) 576-9104

Thread & Thimble (5/27) - RSVP

When: 4th Monday of the month
Where: Spencer County Extension Office
Contact: Gayle Browning - (502) 354-1151
Time: 10 AM

Bunco Group (5/7)

When: March 5th, 1st Tuesday of the month
Where: Spencer County Extension Office
Contact: Cindy Neely and Julie Hart
Time: 2PM - 4 PM
Note: Please bring a finger food to share!

Lunch Bunch (5/10) - RSVP


When: 2nd Friday of the month
Where: La Fogata in Elk Creek
Contact: Beth Maxedon - (502) 477-2217
Time: 11 AM

Active Living (May 7, 14, 21, 28)

When: Every Tuesday of the month
Where: Spencer County Extension Office
Contact: Beth Maxedon - (502) 477-2217
Time: 10 AM

Cook Wild KY (JUNE 3)

When: **First Monday of June**
Where: Spencer County Extension Office
Contact: Beth Maxedon - (502) 477-2217
Time: 5PM
What: “Thrill of the Grill”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 	29	30	1	2	3 R.S.V.P. for lunch bunch by today!	4
5	6	7 Patchworkers Quilt Guild - 10 AM Bunco - 2 PM Active Living - 10 AM	8	9 Loyal Homemakers - 10:30 AM Bluegrass Basket Guild - 4 PM	10 Lunch Bunch - 11 AM @ La Fogata, 4891 Taylorsville Rd by Marathon Gas Station in Elk Creek.	11 Payment of \$25 due for the Louisville Area Annual Luncheon. Bring to the Extension Office ASAP.
12	13	14 Active Living - 10 AM Walk KY - 9 AM	15 Waterford Homemakers - 10 AM	16	17	18
19	20	21 Patchworkers Quilt Guild - 10 AM Active Living - 10 AM Walk KY - 9 AM	22	23	24	25
26	27 Thread and Thimble - 10 AM	28 Active Living - 10 AM Walk KY - 9 AM	29	30	31	1



Blue Cheese Potato Salad

3 pounds new potatoes, sliced

1 teaspoon salt

½ cup sliced green onions

1 8-ounce container plain Greek yogurt

½ teaspoon freshly ground pepper

½ cup light blue cheese dressing

½ cup crumbled blue cheese

Place potatoes and salt in a large saucepan and bring to a boil. **Reduce** heat and simmer 7-12 minutes, until potatoes are tender. **Drain** and **cool**.

In a large bowl, **stir** together the green onions, yogurt, pepper, blue cheese dressing and blue cheese crumbles. **Add** potatoes and gently

stir to coat. **Chill** for several hours and **serve**.

Yield: 8, ½ cup servings

Nutritional Analysis: 220 calories, 5 g fat, 2.5 g saturated fat, 20 mg cholesterol, 550 mg sodium, 33 g carbohydrate, 4 g fiber, 3 g sugars, 10 g protein.



Easy Meatloaf

servings: 8 serving size: 1/8 of loaf

Ingredients

- 2 pounds lean ground beef
- 2 eggs, beaten
- 1 sleeve saltine crackers, crushed
- 1 medium onion, chopped
- 2 cups salsa

Directions

1. Preheat oven to 350 degrees F.
2. In a large bowl, mix the beef, eggs, crackers, onion and 1 cup of salsa.
3. Press into greased 2-quart casserole dish or 10-inch iron skillet.
4. Top with remaining salsa.
5. Bake for 1 hour.

Source: Sarah Brandl, Extension Specialist, University of Kentucky Cooperative Extension Service